

## **Fajita Hasselback Chicken – A Low Carb and Easy Meal for one or more**

**Recipe based on 2 chicken breasts**

### **Ingredients**

- 2 Chicken Breast
- 3 Bell Peppers
- 1 Cup Tex Mex Cheese
- ¼ to ½ of a red onion (depending on size of chicken)
- ½ to full package of Fajita Mix (depending on size of chicken)

### **Steps**

1. Slice the chicken: Create 5-6 slits/pockets in each chicken breasts by slicing each breast ¾ of the way through, about 1-inch apart.
2. Place the chicken in an oven dish and rub in fajita mix (follow directions on the package)
3. Stuff chicken: Slice the bell peppers and red onion into very thin strips, about 1/8-inch or just smaller. Stuff each slit with one slice of red onion, and one red, green and yellow bell pepper.
4. Bake the chicken until it's almost cooked through, about 155 degrees F. Add the cheese on top of the chicken and continue to bake for additional 5-10 minutes or until the chicken is cooked through and the cheese is melted.
5. If desired, place on top of rice or beans. Add salsa or a little sour cream to your liking.